

A photograph of a historic building in Lund, Sweden, with a magnolia tree in the foreground. The building has a prominent tower with a conical roof and a Swedish flag flying. A black lamppost with two white lamps stands in the middle ground. The sky is clear blue.

Dyspnea Society's 8th Conference

June 10 - 12, 2026, Lund

# Scientific Program



Wednesday, June 10th

19:00-22:00 **Dyspnea 2026 - Welcome Reception**  
Grand Hotel, Lund

Thursday, June 11th

08:15-09:00 **Registration**

09:00-09:10 **Dyspnea 2026 - Welcome & Opening Remarks**  
*Magnus Ekström & Andrew Binks*

**Theme 1 - Mechanisms of Breathlessness**

09:10-09:55 **Respiratory Pathophysiology of Breathlessness**  
Keynote speaker: *Dennis Jensen, McGill University, Canada*

09:55-10:10 **Discussion**

10:10-10:25 **Breathlessness Without Bias: Sex Differences Disappear when Scaled to Inspiratory Neural Drive**  
Speaker: *Felix Girard, McGill University, Canada*

10:25-10:45 **Examining Whether Sex Influences Electrocardiac Activity and Breathlessness Perception During Inspiratory Pressure Threshold Loading**  
Speaker: *Kyra Hodges, University of Winnipeg, Canada*

10:45-11:15 **Coffee Break & Networking**

11:15-12:00 **Neuroscience of Experiences**  
Keynote Speaker: *Micah Allen, Aarhus University, Denmark*

12:00-12:20 **The Neurobiological Model of Breathlessness**  
Plenary speaker: *Kyle Pattinson, Oxford University, UK*

12:20-12:45 **Discussion**

12:45-13:45 **Lunch & Networking**

Thursday, June 11th

13:45-14:00

**Structural MRI study of COPD participants to assess volumetric differences in subcortical regions associated with breathlessness severity**  
Presenter: *Max Olsson, Oxford University, UK*

**Theme 2 - Measurement of Breathlessness**

14:00-14:30

**Do we really need more dyspnea measures? Why? When?**  
Keynote Speaker: *Hayley Lewthwaite, University of Newcastle, Newcastle, Australia*

14:30-14:40

**Discussion**

14:40-14:55

**Multidimensional Dyspnea Profile and Dyspnea-12 in cardiorespiratory conditions**  
Presenter: *Anna Salomonsson, Örebro University, Sweden*

14:55-15:00

**Conclusion of talks**  
*Magnus Ekström*

15:00-17:00

**Scientific posters and snack**

19:30-22:00

**Conference Dinner**

## Friday, June 12th

09:00-09:25

### **Standardized Assessment of Exertional Breathlessness**

Speaker: *Magnus Ekström, Lund University, Sweden*

09:25-09:30

### **Discussion**

## **Theme 3 - Management of Breathlessness**

09:30-10:10

### **Breathlessness in the Intensive Care Unit**

Keynote Speaker: *Martin J. Tobin, Loyola University, Chicago, USA*

10:10-10:20

### **Discussion**

10:20-10:50

### **L-Menthol to Alleviate Breathlessness**

Keynote speaker: *Andreas von Leupoldt, University of Leuven, Belgium*

10:50-11:00

### **Discussion**

11:00-11:30

### **Coffee Break & Networking**

11:30-11:45

### **Interoception reduces breathing effort and emotional response in people with COPD**

Speaker: *Molly-Eve Day, Flinders University, Australia*

11:45-12:00

### **Effect and predictors of response of morphine for chronic breathlessness in COPD: pooled analysis of three large placebo-controlled RCTs**

Speaker: *David Currow, Flinders University, Australia*

12:00-12:30

### **Breathlessness in Heart Failure - Mechanisms, Treatments and Knowledge Gaps**

Keynote speaker: *Tony Babb, University of Texas, USA*

12:30-12:40

### **Discussion**

12:40-13:40

### **Lunch**

Friday, June 12th

Theme 3 - Management of Breathlessness

13:40-15:15 **Scientific posters**

15:15-15:35 **Global burden of breathlessness**  
Plenary Speaker: *Slavica Kochovska, Flinders University, Adelaide, Australia*

15:35-15:50 **Chronic Dyspnoea Profiling: A Cluster Analysis in the population-based CONSTANCES Cohort**  
Speaker: *Solène Valery, Université Paris-Saclay, France*

15:50-16:05 **"They want to see you gasping for air": Perceptions of Breathlessness and Health-seeking Behaviours in Culturally Diverse Communities**  
Speaker: *Harini Sathanapally, University of Leicester, UK*

16:05-16:25 **Coffee Break**

16:25-16:45 **The Dyspnea Society Business Meeting and Future Directions**  
*Andrew Binks, President*

16:45-16:55 **Dyspnea 2026 Presentation and Poster Awards**  
**The Sara Booth Breathlessness Research Prize**  
*Andrew Binks & Magnus Ekström*

16:55-17:00 **Dyspnea 2026 Closing Remarks**  
*Magnus Ekström*